

August 2023 Public Programming at Fresh Pond

Thursday, July through October

10:00am to 12:00noon

Fresh Pond Stewards

Meets at the volunteer trailer near the front of the Water Treatment Facility, 250 Fresh Pond Parkway.



Join our weed-warrior crew! We are Fresh Pond citizens dedicated to this property healthy for the benefit of wildlife, water and humans alike. No experience or long-term commitment necessary! All tools are provided; sturdy shoes, pants, long-sleeves and a water bottle are strongly recommended. Meets at the volunteer trailer in the lower parking lot. Contact Ranger Omar at OMejia@cambridgeMA.gov for more information.

Monday, August 7th

6:00pm to 7:30pm

Walter J Sullivan Water Purification Facility Tour

Meets at the Water Treatment Plant (front door), 250 Fresh Pond Parkway



Come learn how the Cambridge Water Department purifies drinking water for your tap after it's conveyed from nearby Fresh Pond into our facility. You'll have the chance to speak with water treatment staff, see the equipment in action and check out our water quality lab! For more information, contact Ranger Tim at (617) 349-6489 or tpuopolo@cambridgeMA.gov. Please call ahead if coming with a large group.

Sunday, August 13th

10:00am to 11:45am

Fresh Pond in Full Bloom

Meets at the Ranger Station (under the clock tower), 250 Fresh Pond Parkway



Join Ranger Tim on a loop around the reservoir observing the distinct ecosystems that encircle the property. See what native Massachusetts habitats have to offer in their full summertime glory as each type exists in miniature here by design – the best way to protect a natural body of water is with natural wild communities. Come rain or shine and dress for the occasion as we explore the Lusitania Meadow, Black's Nook, and more! For more information, contact Ranger Tim at (617) 349-6489 or tpuopolo@cambridgeMA.gov.

Fresh Pond Reservation: Protecting Cambridge's Drinking Water Supply since 1889

All events free & open to the public!

Continued on the backside →

Fresh Pond Reservation is managed by the Cambridge Water Dept.
Questions? Contact Ranger Tim at tpuopolo@cambridgeMA.gov



/FreshPondReservation



Thursday, August 17th

10:00am to 11:30am

Mindfulness at Fresh Pond

Meets at the Ranger Station (under the clock tower), 250 Fresh Pond Parkway



Join Ranger Tim and guest guide, Stefanie Haug, as we explore Fresh Pond Reservation by slowing down, being attentive to nature with all our senses, and deepening our appreciation for this special slice of our Cambridge neighborhood. Our Mindful Outdoor Experience will include: simple warm-up movements, natural history of the area, guided breathing and centering awareness, mindful walking with sensory activities, and finding our nature meditation/sit spot.

Stefanie Haug, LICSW (she/her) guides people on journeys of self-awareness and relationship with nature as a local psychotherapist and certified Mindful Outdoor Guide (Kripalu School of Mindful Outdoor Leadership).

Sunday, August 20th

2:00pm to 3:30pm

2023 Monarch Butterfly Release Celebration

Meets behind the main building (water side) at 250 Fresh Pond Parkway



Join us for the ninth annual Monarch Butterfly Release here at Fresh Pond! You can visit the caterpillars' progress in the Ranger Station throughout August see them spread their wings at this celebration. See the butterflies up close and personal, make some crafts, earn a Jr. Ranger badge, and learn about this fascinating insect from 2:00-2:30pm, then march down to the adjacent native meadow of Kingsley Park with us at 2:30 for a 2:35 ceremonial release of all the butterflies that were raised here at the reservation before they go forth and help the local monarch butterfly population. Hang out afterward, watch them fly, and complete your free Jr. Ranger activity booklet!

Monday, August 28th

10:15am to 11:15am

Fresh Pond Nature Walk (Collins Branch Library)

Meets at the Collins Branch Library (64 Aberdeen Ave.)



Join us for a relaxing walk of Fresh Pond with Ranger Tim! No two weeks are the same in nature, and Tim will share his insights about what's growing, changing, and blooming in the neighborhood. The walk will meet in the courtyard of the Collins Branch (64 Aberdeen Ave.) and leave together towards the pond at 10:15am. This is a summer weather walk so clothing for warm temperatures is suggested. For more information or with any questions, please contact Lucy at LFlamm@CambridgeMA.gov

***Join our new monthly newsletter!
Public programs, news, and nature notes
direct to your inbox once per month!***

Subscribe here!

