



## **Center for Families Parenting Support Programs**

Events and workshops are open to families living in Cambridge. Some workshops may have specific participant requirements. For more information, call CFF at 617-349-6385.

### **Did you know the following programs will return again in the fall of 2016?**

- **Dads & Kids at the Gym** (October)
- **Mothers' Discussion with Craft Activity** (September)
- **Yoga** (August, December, February)
- **Community Playgroups** (register in September, groups start in October)
- **Indoor Drop-In Playgroups** (September 13th)
- **Parenting Workshops** (September)
- **Art & Literacy Nights** (November)

**Be sure to check back in with the Center for Families later this summer or check out our September/October Newsletter to hear more about our programs and dates!**