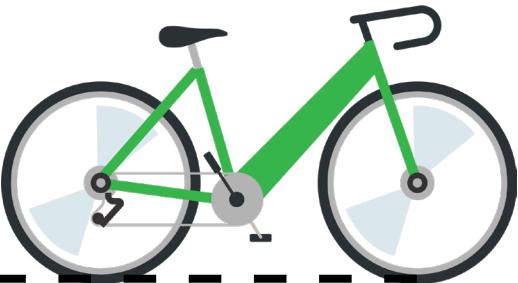


# MAGAALADA CAMBRIDGE

# Maxay yihiin Baaskiilada Korontada ku shaqeeya?



Baaskiilada Korontada ku shaqeeya waa baaskiilo ku rakiban matoor ku shaqeeya bateri.

**Nooca 1\*** Matoorka wuxuu ku caawinayaan markaad lugaha ku badeeleyneyso baaskiilka, ilaa 20 mitir saacadii\*\*\*

**Nooca 2** Matoorka wuxuu ku caawinayaan markaad lugaha ku badeeleyneyso ama markaad isticmaaleysa qalabka gacanta, ilaa 20 mitir saacadii

**Nooca 3** Matoorka ayaa ku caawinayaan markaad lugaha ku badeeleyneyso baaskiilka ilaa 28 mitir saacadii\*\*\*

\*Nooca = qaybta.

\*\*Xawaaraha ayaa kordhi kara markaad ku wadeyso meel dagaandag ah.

\*\*\*Sharciga Gobolka ayaa qeexaya Nooca 1 iyo Nooca 2. Nooca 3 laguma qeixin sharciga laakiin wali waa sharci in la isticmaalo.

## Goormee La Istimmaali Karaa Baaskiilada Korontada ku Shaqeeya?



Aadista goobta shaqada ama iskuulka



Markaad banaanka kasoo adeeganeyso



Qaaditaanka rarculus iyo/ama caruur



Haddii baaskiil wadista ay kaa qaadato tamar badan



Markaad meel dheer aadeyso

## Ikhtiyaarrada Baaskiilada Korontada ku shaqeeya.

### Nooca baytari



- Laga saari karo ama ku rakiban
- Raadso mid buuxinaya xeerarka badqabka: UL 2849 ama EN 15194



### Qaab-dhismeedka

- Mid aadan ka talaabsaneynin markaad koreysid ama mid aad ka talaabsaneysid birta dhuxda ah si aad u korto



### Geyrarka

- Kala hadal dukaanka baaskiilkaaga noocyada kala duwan

### Nooca baaskiilka



- Mid La isku laabi karo—wey fududahay in la qaado meelna lagu xareeyo



- Baaskiilka xamuulka ee korontada ku shaqeeya—wuxuu qaadaa rakaab iyo/ama xamuul



- Baaskiilka dadka baahiyaha gaarka ah qaba ama baaskiil gacanta ee korontada ku shaqeeya

# Waa maxay sababta loo isticmaalo Baaskiilada

## Korontada ku Shaqeeya? Waa madadaalo!

...sido kale



Wadistooda  
waxay kor  
u qaadaa  
caafimaadka



Dhidid yar



Wey  
sahlantay in  
la dhex maro  
taraafikada



U wanaagsan-  
yahay  
deegaanka markii  
loo fiiriyo baabuurta



Wuu ka kharash  
yaryahay  
wadista  
gaariga



Shati loogama  
baahna markii  
Massachusetts  
la joogo

### Talooyinka Badqabka Baaskiil- ka Korontada ku Shaqeeya



U wad si i la saadaalin karo

- Gadaashaada iska eeg ka hor inta aadan leexanin ama aadan bedelin leenka aad ku socotay
- Baaq bixi ka hor inta aadan leexanin
- Haku leex leexanin leemanka wadadda



- Xiro koofiyadda badbaadada
- Ahow mid muuqda (isticmaal nalalka iyo nalalka hummaag noqodka)



- Ku tababbarto meelaha dhaqdhaqaqa gaadiidka uu ku yar yahay
- Si tartiib ah ugu wad meelaha mashquulka badan
  - U joogso dadka lugeynaya
- Xawaaraha baaskiilka korontada ku shaqeeya ayaa noqon karaa mid la yaab leh
  - Taxaddar oo ixtiraam dadka kale, gaar ahaan carruurta, waayeelka, iyo dadka naafada ah
  - Darawallada ayaa laga yaabaa in aysan filaynin xawaaraha sare; aad u taxaddar, gaar ahaan markaad mareyso isgoosyada

### Meel Dhigashada Baaskiilka Korotada ku Shaqeeya

- Meel sugar ( garaash, qeypta dhulka hoose ee guriga, qolka keydka)\*

Isticmaal quful fiican, kala hadal dukaanka baaskiilkaaga

- Batariga: ku kaydi meel nadiif ah oo qalalan, 32° ilaa 68° F
- Dabeynta: raac warqada tilmaamaha la socota baaskiilka

\*Baaskiilada Korontada ku Shaqeeya aad ayey u weyn yihii una culus yihii in jaranjarooyinka lagu qaado, marka laga reebo noocyada la isku laabi karo.

### Xagee la Oggolyahay in lagu wado Baaskiilada Korontada ku Shaqeeya?



- Waddooyinka iyo jidadka baaskiilka
- Inta badan wadooyinka baaskiilka iyo wadooyinka jaayga/ shamiintada (hubi sharciyada deegaanka)
- Lama ogola in lagu wado wadooyinka lugta
- Laguma wadi karo wadooyinka aan laami ahayn ilaa calaamatama boor ay ku qoran tahay waad ku wadi kartaa

### Wixii macluumaad dheeri ah booqo

[www.cambridgema.gov/Departments/communitydevelopment/  
cambridgebicycleaccessprograms](http://www.cambridgema.gov/Departments/communitydevelopment/cambridgebicycleaccessprograms)

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