

# War Memorial Pool – Fall 2024 Schedule

**Please Note:**

Our pool is a shared space and scheduling changes may occur. Lap swim may be impacted by scheduled swim meets.

## Pool/Facility Closures:

- Saturday, August 17 – Monday, September 2
- Monday, October 14
- Monday, November 11
- Wednesday, November 27 – Sunday, December 1
- Monday, December 23 – Tuesday, December 31
- Wednesday, January 1, 2025

## Adult Lap Swim Schedule

**Tuesday, September 3 – Friday, September 6:**  
5:15–8:45 p.m.

**Effective Saturday, September 7 – Sunday, December 22:**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30–8:45 p.m.	5:15–6:45 p.m.	7:30–8:45 p.m.	5:15–6:45 p.m.	7:30–8:45 p.m.	2–4:45 p.m.	12:30–4:45 p.m.

## Family Swim Schedule

**Tuesday, September 3 – Friday, September 6:**  
5:15–8:30 p.m. *(lap pool not available)*

**Effective Saturday, September 7 – Sunday, December 22:**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:15–6:30 p.m. <i>(lap pool not available)</i>		5:15–6:30 p.m. <i>(lap pool not available)</i>	5:30–8:30 p.m. <i>(lap pool not available)</i>	2–4:30 p.m.	12:30–4:30 p.m.

Please see next page for Pool Schedule for Classes, Programs and Teams →

## Pool Schedule for Classes, Programs and Teams

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Adult Swim Lessons</b>				5 – 6:45 p.m.		
<b>Children's Swim Lessons</b>						10 a.m.–2 p.m.
<b>Aqua Aerobics</b>	5:30 – 7:45 p.m.		5:30 – 7:45 p.m.			
<b>Senior Aqua Aerobics</b>		3:30 – 4:30 p.m.		3:30 – 4:30 p.m.		
<b>The Cambridge Program</b>						8 – 10 a.m.
<b>Cambridge Synchro</b>		6:30 – 9 p.m.	7:15 – 8:30 p.m.	6:30 – 9 p.m.		8:30 – 10 a.m.
<b>Masters Swim</b>		6:45 – 8 p.m.		6:45 – 8 p.m.		
<b>Sea Dawgs</b>	5:30 – 7:30 p.m.		5:30 – 7:30 p.m.		5:30 – 7:30 p.m.	

# War Memorial Pool – Rates, Rules and Regulations

---

## Pool Rates (see Facility Rates on pages 22 – 23 for details)

- Children’s fee applies to children and youth ages birth –17 years.
- Senior Citizen fee applies to people ages 55 and older and participants with a disability (suitable documentation required).
- Proof of age must be shown when pool use passes are purchased. MBTA card, MA Driver’s License or other ID are accepted.
- **To receive the resident rate**, provide a valid MA Driver’s License or ID, utility bill, or rent receipt showing your Cambridge address. This is all that will be accepted.
- A “couple” constitutes two people living at the same address. To be eligible for a “Couple” rate, proof of address must be shown by both participants.
- To purchase a Family ticket, all family members must show proof of living at the same address.

## Pool Rules and Regulations

- No one may enter the pool if the lifeguards are not present.
- No running, pushing or rough play allowed.
- All children will be evaluated for swimming ability before going into the diving well.
- Children under the age of 12 must be accompanied by an adult (limit 1) during family swim.
- Children 7 and under must be accompanied by an adult while in the pool.
- Children who are not toilet trained must use a swim diaper.
- The only swim device allowed on a child is a US Coast Guard approved life jacket and parent/guardian is required to be in the water with the child.
- Only Recreation Department staff are allowed to instruct in facility pools.
- Cleansing shower required before entering the pool.
- Adult lap swim is for persons 18 years and older.
- Pool lanes may be pulled for other activities.
- Please stay off pool lane lines.
- Diving may take place only in the diving well.
- One person on the diving board at a time.
- No diving into lap or small pool.
- Catching people on or off the diving board is prohibited.
- No lap swimming in the diving well.
- No shoes or strollers on the pool deck
- Speed of lane is determined by the fastest swimmer.
- Circle swimming is permitted only in the lap pool.
- Kickboards and pull buoys may be used in any lane of the pool as long as you can keep up with the fastest swimmer.
- Please allow lifeguards to focus on keeping the pool safe while they are on duty.
- Lifeguards will manage speed of lanes and may ask you to move based on the speed of the lane.
- Lifeguards and managers have final say in all pool related matters.
- Patrons are not allowed on the starting blocks of the lap pool.