

# War Memorial Pool – Fall 2024 Schedule

Effective Saturday, September 7 – Sunday, December 22

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Adult Lap Swim</b>	7:30–8:45 p.m.	5:15–6:45 p.m.	7:30–8:45 p.m.	5:15–6:45 p.m.	7:30–8:45 p.m.	2–4:45 p.m.	12:30–4:45 p.m.
<b>Family Swim</b>		5:15–6:30 p.m. <i>(lap pool not available)</i>		5:15–6:30 p.m. <i>(lap pool not available)</i>	5:30–8:30 p.m. <i>(lap pool not available)</i>	2–4:30 p.m.	12:30–4:30 p.m.
<b>Adult Swim Lessons</b>				5 – 6:45 p.m.			
<b>Children’s Swim Lessons</b>						10 a.m.–2 p.m.	
<b>Aqua Aerobics</b>	5:30 – 7:45 p.m.		5:30 – 7:45 p.m.				
<b>Senior Aqua Aerobics</b>		3:30 – 4:30 p.m.		3:30 – 4:30 p.m.			
<b>The Cambridge Program</b>						8 – 10 a.m.	
<b>Cambridge Synchro</b>		6:30 – 9 p.m.	7:15 – 8:30 p.m.	6:30 – 9 p.m.		8:30 – 10 a.m.	
<b>Masters Swim</b>		6:45 – 8 p.m.		6:45 – 8 p.m.			
<b>Sea Dawgs</b>	5:30 – 7:30 p.m.		5:30 – 7:30 p.m.		5:30 – 7:30 p.m.		