



Thursday February 16, 2023 5:15 p.m. – 7:15 p.m.

Zoom: <https://cambridgema.zoom.us/j/92461748993>

Summary of Conversation Topics

- Cambridge Health Alliance Community Behavioral Health Center
- Cambridge Youth Council Mental Health Campaign

Present:

Chair: Mayor Siddiqui

Members: Tina Alu, Christine Elow, Fred Fantini, ~~Wendy Georgan~~, Bob Gittens, Michelle Godfrey, Kim Goldstein, ~~Victoria Greer~~, Liz Hill, Tabithlee Howard, ~~Mike Johnston~~, David Kale, Elijah Lee-Robinson, ~~Michelle Lower~~, ~~Alanna Mallon~~, Maria McCauley, ~~Derrick Neal~~, Geeta Pradhan, Bridget Rodriguez, Ellen Semonoff, Tagesech Wabeto, Elaine Wen

Executive Director: Nancy Tauber

Find It Manager: Andrew Liedtka

CYC Members: Emilia Ferreira, Elaine Wen, Urbana Barua

Guests: Mary Kowalczyk, Sarah Lincoln, Michele Scott, Marie Mathieu, Ya'Asantema, Elizabeth Debraggio, Joan Taglieri, Nick DeSusa, Jose Wendel

Notetaker CYC CCoordinatorator: Jared Bellot

5:15 Meeting Starts

Welcome and Introductions

Family Policy Council Business

- Adoption of Minutes (November 17, 2023)
 - Adopted unanimously
- Public Comment
- Announcements
 - The Family Policy Council is the Advisory Council for The Center for Families, the Coordinated Family and Community Engagement Grantee.
 - March 16 Family Policy Council meeting will be in person at the Senior Center in Central Square
 - In person training re:Cambridge Cradle to Career Ecosystem Map
 - March 20 (12:30-2:30pm) - Cambridge will be hosting first Cambridge Social Workers Summit
 - We are looking for a State Agency representative for Family Policy Council - if anyone knows any Cambridge residents who work at a state agency, please contact Nancy

- May 4th Family Policy Council meeting will be in person at 344 Broadway 2nd floor conference room
- Cambridge Cradle to Career Ecosystem Map
 - <https://kumu.io/familypolicycouncil/cambridge>
 - [Cambridge Cradle to Career Ecosystem Map Spreadsheet](#)
- CYC will be going to the National League of Cities conference in Washington DC March 25-28
 - Mayor Siddiqui will be giving keynote address to youth participants Sunday 3/26
- Thank you to all who have contributed to CYC/BSU fundraiser - still working towards goal - donations still open here:
 - <https://cambridgecf.networkforgood.com/projects/182413-cyc-bsu-2023-mlk-day-fundraiser>
- City Scholarship Program underway (due March 6th) - High school students and adult learners can apply online/through HS scholarship portal - 80 scholarships awarded for \$3,000 - please spread the word
- Foreign Trained Professionals Workshop - March 18 at Mass Hiro North Career Center - please invite anyone who may benefit - registration online, Tagesch will forward application to Nancy
- Community Engagement Team networking event on March 9th - invitation incoming


Presentations and Discussions

CYC Updates and Mental Health Campaign

Presenters: Elaine Wen, Urbana Barua and Emilia Ferreria

- Welcome Jared Bellot, new CYC Coordinator
- Three CYC Subcommittees
 - Group #1 - Focused on homelessness and providing free menstrual products in public city spaces
 - Group #2 - Working to create brochure/infographic to share with businesses and city organizations on how to best collaborate with Cambridge teens
 - Group #3 - Focused on youth mental health campaign ([Presentation Slides](#))
- Questions/Comments/Feedback
 - How will you measure success at the end of the project?
 - Are youth resonating with the project? Community conversations/surveys
 - Who knows about the project?
 - Are young people finding the resources helpful?
 - Will the website be continuously updated?
 - Yes - we want the campaign a launching point to the website which can continue to offer resources to young people (aim for most aspects of the website to be long-lasting connected to CRLS and the city)
 - Can this be shared with youth outside of Cambridge?
 - Will be some Cambridge specific information, but widely focused on youth and able to be shared out

Cambridge Health Alliance Community Behavioral Health Center

Slides -  CBHC Overview

Presenters: Joan Taglieri and Ellen Semonoff

- Difference b/t calling 988 and Emergency Care?
 - 988 - national number established last July to try and address needs of people who think they have behavioral health issues whether they are in crisis or not
 - 24 hour crisis service: 833-222-2030
 - Local number directly to CHA from our local communities
- Language Capacity?
 - Goal is for staff to match the community that we serve
 - Representative of several languages spoken within the city
- FAQ 1-Pager exists - any feedback/support appreciated - materials can be easily changed and updated
 - <https://www.challiance.org/services-programs/mental-health-and-substance-use/psychiatry-crisis-services>
- This is a startup process, but an enormous initiative and change in terms of numbers, where to go, providers, etc. This is big change and understandably creates confusion. **Please share any and all feedback so that we can course correct and improve our services**
- Opportunity for collaboration w/ CYC and their Mental Health Campaign
- Advisory Committee will be formed in the near future - will be looking for youth/community stakeholders to serve
- CEOC just received 3-year grant from BCBS - will be providing peer led intervention trainings in five different languages - prime opportunity for collaboration
- If there is an individual/team/department that should be looped in, please connect with Joan and she will be sure to send out and share materials
- To pick up cards: Nancy has offered to be the main point person - if you have specific needs, reach out to Nancy and she will coordinate with Joan (email to come tomorrow)

Next Steps

- Next meet is March 16 at the Senior Center

7:15 Adjourn

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