



War Memorial Recreation Center

Summer 2024 Programming

1640 Cambridge Street (Door 15), Cambridge, MA
617-349-6279 • askdhsp@cambridgema.gov
www.cambridgema.gov/DHSP/WarMemorial



Department of
Human Service Programs



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Operating Hours – Summer 2024

June 24 – August 16, 2024

Monday – Friday: 1 – 9 p.m.

Doors lock at 8:30 p.m.

Closures

The War Memorial Recreation Center **will be closed** during the following dates:

- Wednesday, June 19
- Thursday, July 4
- Saturday, August 17 – Monday, September 2

The facility will reopen on Tuesday, September 3.

Rules, Regulations, and Policies

Rules and Regulations

- Please bring proof of Cambridge residency to secure resident rate.
- The Recreation Department reserves the right to make schedule changes.
- Classes will be rescheduled if canceled due to the weather or instructor absence.
- The City of Cambridge is not responsible for valuables lost or stolen.
- Inappropriate behavior and use of offensive language will not be tolerated.
- No heeled or marking-soled shoes in the field house.
- Patrons are asked to return all equipment after use.
- No glass is allowed in the building.
- Patrons are required to leave the facility on time.
- The City of Cambridge is not responsible for lost or stolen valuables.

Pool Rules and Regulations are available on page 13.

Refund Policy

Full refunds will be provided if a class is canceled due to low enrollment or a patron can no longer participate due to a medical need and provides a doctor's note. All other requests will result in a credit to your household. Household credit requests must be made no later than the second class and only two household credits will be allowed in a calendar year (January 1 – December 31).

Lock Personal Belongings

War Memorial patrons can use locker rooms located in the building. It is recommended that patrons bring a lock to use when storing personal items in lockers. The War Memorial Recreation Center is not responsible for lost, stolen or damaged personal property.

Food and Drink Policy

Food and drinks are not allowed in the facility with the exception of non-glass containers / bottles for water. Please help us keep the Center as clean as possible.



Children's Swim Programs

Session I: July 8 - 19 (2 weeks), Monday-Friday

Session II: July 22 - August 2 (2 weeks), Monday-Friday

Session III: August 5 - 16 (2 weeks), Monday-Friday

Parents are required to be in the pool during toddler/preschool instruction. Parents of children in Level 1 through Level 6 are asked to leave the pool deck due to swimmer development and pool safety. They can observe the class from the balcony. Please prepare your child in advance for this so s/he has realistic expectations.

Children who are not toilet trained must wear a swim diaper in order to prevent pool contamination. Please change your child in the locker room and not on the pool deck.

Only participants are allowed in the pool during lessons. When a student's lesson is over, they need to leave the water. Please do not interrupt instructors while they are teaching. If you have comments or concerns about instruction or need information from the teacher please address your questions to the swim school manager. All children will be screened for placement at their first class. The swim school manager and the staff assigned will make the determination as to appropriate level and group.



Toddler/Preschool

Ages: 18 months – 4.5 years

Parents are required to participate; one child per adult. **Children who are not toilet trained must wear a swim diaper.**

Time: 1:30 – 2 p.m.

Registration Codes:

Session I: 410101-01

Session II: 410101-02

Session III: 410101-03

Cost: \$70 resident / \$75 non-resident

Time: 3:30 – 4 p.m.

Registration Codes:

Session I: 410102-01

Session II: 410102-02

Session III: 410102-03

Cost: \$70 resident / \$75 non-resident

Level 1: Water Exploration

Ages: 5 – 11 years

Time: 2 – 2:30 p.m.

Registration Codes:

Session I: 410105-01

Session II: 410105-02

Session III: 410105-03

Cost: \$70 resident / \$75 non-resident

Time: 2:30 – 3 p.m.

Registration Codes:

Session I: 410104-01

Session II: 410104-02

Session III: 410104-03

Cost: \$70 resident / \$75 non-resident

Purpose: Helps students feel comfortable in the water. Level 1 participants learn to:

- Enter and exit water safely
- Float on front and back
- Open eyes underwater, submerge to pick up object
- Submerge mouth, nose, and eyes
- Explore arm and hand movements
- Exhale underwater
- Explore swimming on front and back
- Use a life jacket
- Explore forward and backward motion without barbell
- Learn proper body position on front and back
- Demonstrate proper safety skills

Exit skills:

- Enter unassisted, swim 5 yards with barbell, bob 5 times with head fully submerged, safely exit the water, travel along the gutter or "swim".
- Float on front with support for 3 seconds, roll to back (with assistance), float on back with support for 3 seconds.
- Jump independently, float on back with support for 3 seconds, roll to front with support, and float on front for 3 seconds with support.

Level 2: Primary Skills

Ages: 5 – 11 years

Time: 3 – 3:30 p.m.

Registration Codes:

Session I: 410106-01

Session II: 410106-02

Session III: 410106-03

Cost: \$70 resident / \$75 non-resident

Purpose:

Learning proper body positioning and body mechanics. Level 2 participants will learn to:

- Demonstrate proper head position for freestyle and backstroke
- Rotary breathing
- Independently kick with assisted materials
- Perform arm circles with barbell
- Swim freestyle and backstroke
- Demonstrate proper safety skills

Exit skills:

- Independently swim 12 yards of freestyle
- Independently swim 12 yards of backstroke
- Kick independently with assisted device to 25 yards on front
- Streamline underwater for 5 yards
- Jump into deep water independently

Level 3: Stroke Development

Ages: 5 – 14 years

Time: 1:30 – 2:15 p.m.

Registration Codes:

Session I: 410108-01

Session II: 410108-02

Session III: 410108-03

Cost: \$80 resident / \$85 non-resident

Time: 3:45 – 4:30 p.m.

Registration Codes:

Session I: 410109-01

Session II: 410109-02

Session III: 410109-03

Cost: \$80 resident / \$85 non-resident

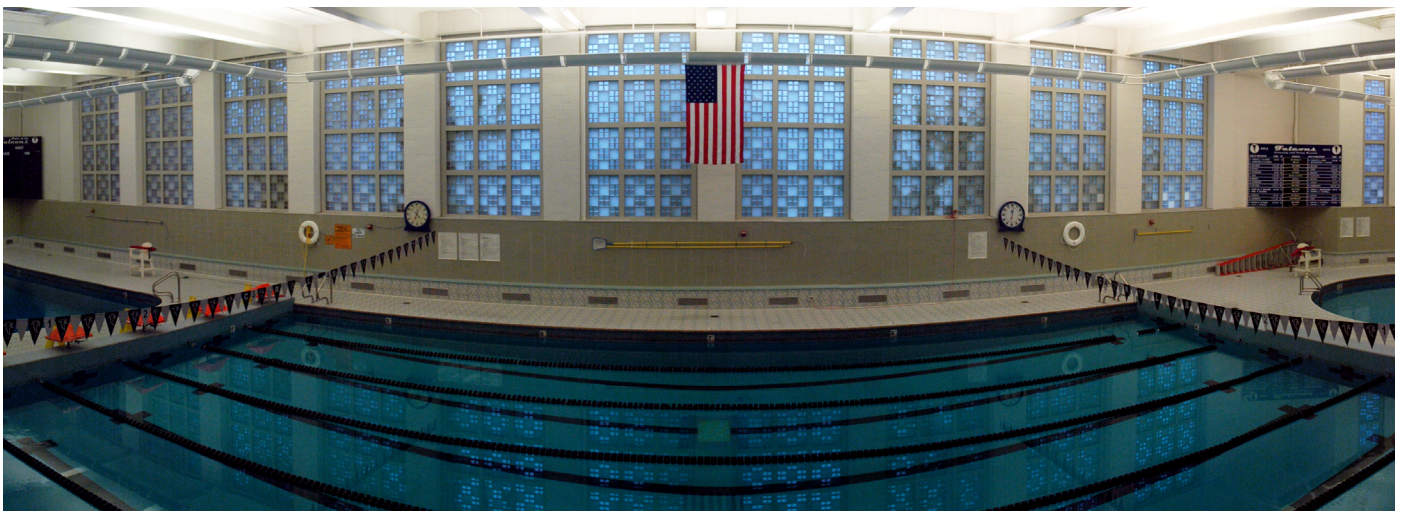
Purpose:

Refine level 2 skills and progressing stroke technique. Level 3 participants learn to:

- Refine freestyle
- Refine backstroke
- Learn breaststroke kick fundamentals
- Demonstrate proper safety skills

Exit skills:

- Continuously swim freestyle with rotary breathing for 50 yards
- Continuously swim backstroke with proper head alignment for 50 yards
- Perform proper breaststroke kick
- Perform kneeling dive



Level 4: Stroke Refinement

Ages: 5 – 14 years

Time: 2:15 – 3 p.m.

Registration Codes:

Session I: 410110-01

Session II: 410110-02

Session III: 410110-03

Cost: \$80 resident / \$85 non-resident

Purpose:

Develops confidence and endurance in skills previously learned with focus on technique. In addition to refining freestyle and backstroke, level 4 participants learn to:

- Dive
- Swim breaststroke
- Tread water
- Perform butterfly kick
- Perform open turns on front and back
- Demonstrate proper safety skills

Exit Skills:

- Successfully tread water for extended amount of time
- Perform freestyle for 100 yards
- Perform backstroke for 100 yards
- Perform breaststroke for 50 yards
- Perform butterfly kick for 25 yards
- Standing dive
- Tread water for three minutes

Levels 5 and 6: Skill Proficiency and Endurance Training

Ages: 5 – 14 years

Time: 3 – 3:45 p.m.

Registration Codes:

Session I: 410111-01

Session II: 410111-02

Session III: 410111-03

Cost: \$80 resident / \$85 non-resident

Purpose:

Provides further refinement of the following strokes:

- Freestyle
- Backstroke
- Breaststroke

Levels 5 and 6 participants will also learn to perform:

- Butterfly
- Front flip turn
- Backstroke flip turn
- Competition start from blocks
- Demonstrate proper safety skills

Exit skills:

- Continuously swim freestyle, backstroke, breaststroke, and 50 yards of butterfly
- 5 minutes of treading water
- Swim 500 yards continuously using the strokes in the following order: 200 yards of freestyle, 100 yards of backstroke, breaststroke, and butterfly

Cambridge Sea Dawgs Recreation Swim Team

Join the 2024-2025 Competition Season

If you are looking for a competitive swim team program for your child, consider the Sea Dawgs program! Sea Dawgs is a 100% volunteer, non-profit organization that promotes competitive swimming for the youth of Cambridge and surrounding towns. The mission of the program is to provide an inclusive environment for all participants through a dedication to sportsmanship and healthy competition.

Our program is open to any child between the ages of 5–18 years of age who can meet the following requirements:

- **8 years of age and younger:** must be able to complete 25 yards (1 length) of continuous freestyle, backstroke, and breaststroke. They must be able to perform butterfly kick and attempt the butterfly stroke.
- **9–10 years of age:** must be able to complete 50 yards (2 lengths) of continuous freestyle and backstroke; must be able to complete a continuous 25 yards (1 length) of breaststroke and butterfly with the correct mechanics.
- **11–12 years of age:** must be able to complete 75 yards (3 lengths) of continuous freestyle, backstroke; must be able to complete 50 yards (2 lengths) of continuous and legal breaststroke and butterfly.
- **13 years and up:** must be able to complete 100 yards (4 lengths) of continuous freestyle and backstroke; must be able to 50 yards (2 lengths) of continuous and legal breaststroke and butterfly.

Swimmers may be asked to attempt a dive and flip turn if appropriate.

The season runs from late September-mid March. Practices are 3x/week, on Mondays, Wednesdays, and Fridays, with competitions taking place on Sunday mornings. Swimmers are expected to attend practice on a consistent basis, with an attendance rate of at least 75% and 100% for all swim meets. This allows swimmers the opportunity to chart their progress and see improvements towards their individual and team goals. Caregivers and swimmers should heavily consider this time commitment before registering. Groups will be determined after tryouts, and are based on swim abilities, not age. Group 1 typically practices between 5:15–6:15 p.m., and Group 2 between 6–7:30 p.m.

We enjoy a swim meet schedule that requires minimal out-of-town travel, and we rely heavily on caregiver volunteers to keep program costs reasonable. Volunteer opportunities generally take place during swim meets, and involve timing lanes, scorekeeping, stroke/turn judging, donating items to a concession stand, and several other roles. More information on volunteering opportunities will be provided throughout the season, however it is an expectation that if your swimmer makes the team, that all caregivers volunteer at least twice throughout the season.

Cost

The cost of the program for one participant is \$450, and \$225 for each additional sibling. There will be a bathing suit cost that will be determined at the beginning of the season. The cost is partially subsidized by both the City of Cambridge, and thanks to the caregiver volunteers and swimmers who fundraised throughout the 2023–2024 season.

Registering for Tryouts

If you are interested in trying out for the team, please register for tryouts by clicking on the link below, or by using the QR code. **Registration for tryouts closes on Friday, September 6.**

Tryout slot times will be emailed out by Monday, September 9.

Link: <https://forms.gle/mGP872A4EWDjHgQA8>

QR Code:



Tryouts for ages 10 and under:

Monday, September 16, 5–7:30 p.m.

Tryouts for ages 11 and up:

Wednesday, September 18, 5–7:30 p.m.

Make-up Tryout:

Friday, September 20, 5–6:30 p.m.

Due to the growing size of the team, swimmers must attend the tryout date that correlates with their age. Accommodations cannot be made. Once tryouts are complete, group assignments will be made and emailed out to families by midnight on Sunday, September 22.

Adult Swim Lessons

Level I

Schedule: June 25 – July 16 (4 weeks)

Time: Tuesday, 5 – 5:45 p.m.

Registration Code: 420201-01

Cost: \$40 Resident / \$45 Non-Resident

Are you afraid of the water? Did you not have the opportunity to learn how to swim? Then this class is for you. Lessons will take place in our small pool with a maximum depth of 3½ feet. In the security of this pool, you will learn to feel comfortable in the water, float on your back and front, put your face in the water, begin to learn the front and back crawl, and many other skills.

Level II

Schedule: June 25 – July 16 (4 weeks)

Time: Tuesday, 6 – 6:45 p.m.

Registration Code: 420201-02

Cost: \$40 Resident / \$45 Non-Resident

This class is for you if you can swim 25 yards, are comfortable in water over your head, and need to work on your skills. If you would like to swim for exercise but tire after a couple of laps, this class will help you become more effective with stroke improvement. The better your strokes, the less energy you will expend. Come take this class and learn to enjoy the time you spend swimming.

Aqua Aerobics

Schedule: June 24 – August 14 (8 weeks)

Time: Monday and Wednesday, 5:30 – 6:30 p.m.

Registration Code: 420301-01

Cost: \$80 Resident / \$90 Non-Resident

Time: Monday and Wednesday, 6:45 – 7:45 p.m.

Registration Code: 420301-02

Cost: \$80 Resident / \$90 Non-Resident

Whether you are new to exercise, or in peak physical condition, aquatic exercise is an excellent and diverse form of fitness training. This exercise form utilizes the resistant property of water to yield a challenging workout, with minimal impact on the joints.

These deep water classes are geared toward a range of ages and conditioning levels, in order to address individual fitness goals. Aquatic exercise is safe, fun, and effective!

Senior Aqua Aerobics

Schedule: June 25 – July 18 (4 weeks)

No Class July 4

Time: Tuesday and Thursday, 4 – 5 p.m.

Registration Code: 430101-01

Cost: \$35 Resident / \$40 Non-Resident

This class is available to students ages 55 and older and takes place in the 3.5 foot circular pool.

This is a low impact but high intensity water aerobics class where no swimming skills are needed. This class is designed to improve flexibility, range of motion, strength, muscle tone and cardiovascular endurance while using the resistance of the water to cushion the feet, knees and back. Exercises are performed to lively, motivating music and are effective and easy to follow.

Adult Recreation Programs

Iaido

Schedule: Monday and Thursday, 7 – 9 p.m.

Iaido, the way of the sword, is the art of drawing and using the traditional Japanese sword. Our group practices Muso Jikiden Eishin-Ryu Iaido, the most widely practiced style of Iaido and the second oldest martial art form in Japan.

Today, Iaido is practiced to develop mental discipline, awareness, and physical harmony. This is achieved through diligent practice and control of body and sword movements. Classes by Boston Iaido focus on correct breathing and posture, stretching and exercise, proper mental attitude, and mutual respect. This is emphasized by fostering a sense of camaraderie in a collegial and friendly atmosphere. For detailed information please visit www.bostoniaido.com or email bostoniaido@yahoo.com.

Zumba

Schedule: June 26 – August 14

Time: Wednesday, 7 – 8 p.m.

Registration Code: 420702-01

Cost: \$70 Resident / \$80 Non-Resident

Zumba is an exhilarating class that combines dance, Latin music, and aerobics. You'll burn 400–700 calories in one hour of fun. The class feels more like a party than a gym workout! Beginners and adults of all ages, shapes, and sizes are welcome. All you need is a fun-loving attitude and a desire to move.

We also offer drop-ins for this class:
\$10 Resident / \$12 Non-Resident

Yoga

Schedule: June 25 – August 13

Time: Tuesday, 7 – 8 p.m.

Registration Code: 420501-01

Cost: \$70 Resident / \$80 Non-Resident

In this class, postures are practiced to align, strengthen, and promote flexibility in the body. Breathing techniques and meditation are also integrated. You can expect an emphasis on simplicity, repetition, and ease of movement.

We also offer drop-ins for this class:
\$10 Resident / \$12 Non-Resident

Coed Volleyball (Pick-Up)

Ages: 18 years and older

Cost: \$7 for two hour session

Schedule: Monday and Friday, 7 – 9 p.m.
starting June 24

Weight and Cardio Room

Schedule:

Monday – Friday: 6 – 9 p.m.

War Memorial Pool – Summer 2024 Schedule

June 24 - August 16

- Children’s fee must be paid from birth–17 years.
- Senior Citizen rates are for those 55 and over as well as participants with a disability with suitable documentation.
- Lap swim may be impacted from time to time for regularly scheduled swim meets.
- Proof of age must be shown when ticket or passes are purchased. MBTA card, MA Driver’s License or ID accepted.
- A couple constitutes two people living at the same address. Proof must be shown by both participants.
- To purchase a family ticket all family members must have proof they live at the same address.
- To receive the resident rate on any activity proof of residence must be shown. Proof of residence is a valid MA Driver’s License or ID, utility bill, or rent receipt. This is all that will be accepted.
- Please be aware that our pool is a shared space and this schedule may shift as needed.

Pool closures:

- Wednesday, June 19
- Thursday, July 4
- Saturday, August 17 – Monday, September 2

Monday	Tuesday	Wednesday	Thursday	Friday
	Senior Aqua Aerobics 4–5 p.m.		Senior Aqua Aerobics 4–5 p.m.	
Aqua Aerobics 5:30–7:45 p.m.		Aqua Aerobics 5:30–7:45 p.m.		
Family Swim 5:30–8:30 p.m. <i>Lap Pool not available</i> <i>Diving Tank not available</i>	Family Swim 5:45–8:30 p.m. <i>Lap Pool not available</i>	Family Swim 5:30–8:30 p.m. <i>Lap Pool not available</i> <i>Diving Tank not available</i>	Family Swim 5:30–8:30 p.m. <i>Lap Pool not available</i>	Family Swim 5:30–8:30 p.m. <i>Lap Pool not available</i>
Adult Lap Swim (Lap Pool) 5:30–8:45 p.m.	Adult Lap Swim (Lap Pool) 5:30–8:45 p.m.	Adult Lap Swim (Lap Pool) 5:30–8:45 p.m.	Adult Lap Swim (Lap Pool) 5:30–8:45 p.m.	Adult Lap Swim (Lap Pool) 5:30–8:45 p.m.

War Memorial Pool – Rules and Regulations

- No one may enter the pool if the lifeguards are not present.
- No running, pushing or rough play allowed.
- All children will be evaluated for swimming ability before going into the diving well.
- Children under the age of 12 must be accompanied by an adult (limit 1) during family swim.
- Children 7 and under must be accompanied by an adult while in the pool.
- Children who are not toilet trained must use a swim diaper.
- The only swim device allowed on a child is a US Coast Guard approved life jacket and parent/guardian is required to be in the water with the child.
- Only Recreation Department staff are allowed to instruct in facility pools.
- Cleansing shower required before entering the pool.
- Adult lap swim is for persons 18 years and older.
- Pool lanes may be pulled for other activities.
- Please stay off pool lane lines.
- Diving may take place only in the diving well.
- One person on the diving board at a time.
- No diving into lap or small pool.
- Catching people on or off the diving board is prohibited.
- No lap swimming in the diving well.
- No shoes or strollers on the pool deck
- Speed of lane is determined by the fastest swimmer.
- Circle swimming is permitted only in the lap pool.
- Kickboards and pull buoys may be used in any lane of the pool as long as you can keep up with the fastest swimmer.
- Please allow lifeguards to focus on keeping the pool safe while they are on duty.
- Lifeguards will manage speed of lanes and may ask you to move based on the speed of the lane.
- Lifeguards and managers have final say in all pool related matters.
- Patrons are not allowed on the starting blocks of the lap pool.



Birthday Pool Parties

Available by Reservation September - June

Host a pool party for your child's next birthday at the War Memorial Recreation Center! Patrons can reserve the War Memorial Recreation Center pools for birthday parties through June 2024.

(Reservations are not available July – August.)

- The fee for a pool party is \$100.
- Pool parties are limited to 20 kids.

Registration

Register in person at the War Memorial Recreation Center or register online through RecTrac:

- [Online registration](#) for pool parties between September 2024 – January 2025 will open on July 22 at 5 p.m.
- [Online registration](#) for pool parties between February 2025 – June 2025 will open on December 16 at 5 p.m.

Location and Setup Information

Saturday and Sunday Party Schedule

Setup: 1:30 p.m.

Pool Available: 2 – 3:30 p.m.

Vacate Building by 4 p.m.

The lounge area is available for refreshments. No one is to go into this area until they are dry and dressed. Refreshments are to be served after the pool portion of the party is over.

The lounge area will be setup in advance for your party. **Please do not rearrange the space.** You may decorate the lounge area but do not tape anything to the painted walls or surfaces as this will cause damage

Birthday Pool Party Rules and Regulations

- A minimum of 2 adults needs to be present at all times.
 - 1 adult per child if the child is using a life jacket.
- A pool party that involves children under the age of 8 will require adults in the pool. Children under the age of 8 will be required to use life jackets provided by the facility. No outside life jackets or other items may be used in the facility. No toys are allowed in the pool. Please inform your guests.
- The lap pool is not available. If children wish to use the diving well, they must pass a test by swimming 25 yards without stopping. Staff will determine if a child qualifies.
- Guests must put all belongings in lockers in the locker room. Items left on the floor, tables, or chairs are tripping hazards.
- The Recreation Center may cancel parties due to weather or mechanical failure. Money will be refunded unless another date that is feasible is available.
- Guests are responsible for following the party rules and the general facility rules (see page 3). Failure to follow rules will result in no further bookings.

Facility Rates

Resident Rates

Resident	Pool	Weight and Cardio Room	Combo (Pool, Weight and Cardio Room)
Single Visit Child	\$1.25	N/A	N/A
Single Visit Adult	\$5.00	\$5.00	\$5.75
Single Visit Senior	\$2.00	\$2.00	\$2.75
Single Visit Couple	\$6.50	\$6.50	\$7.00
Single Visit Family	\$7.50	N/A	N/A
10 Visit Adult	\$45.00	\$45.00	\$55.00
10 Visit Senior	\$17.00	\$17.00	\$25.00
10 Visit Couple	\$60.00	\$60.00	\$70.00
10 Visit Family	\$70.00	N/A	N/A
24 Week Adult	\$165.00	\$165.00	\$185.00
24 Week Senior	\$55.00	\$55.00	\$75.00
24 Week Couple	\$190.00	\$190.00	\$205.00
24 Week Family	\$205.00	N/A	N/A
48 Week Adult	\$215.00	\$215.00	\$255.00
48 Week Senior	\$80.00	\$80.00	\$95.00
48 Week Couple	\$305.00	\$305.00	\$355.00
48 Week Family	\$355.00	N/A	N/A

Facility Rates

Non-Resident Rates

Non-Resident	Pool	Weight and Cardio Room	Combo (Pool, Weight and Cardio Room)
Single Visit Child	\$1.25	N/A	N/A
Single Visit Adult	\$6.00	\$6.00	\$6.50
Single Visit Senior	\$2.25	\$2.25	\$3.00
Single Visit Couple	\$7.50	\$7.50	\$8.00
Single Visit Family	\$9.00	N/A	N/A
10 Visit Adult	\$55.00	\$55.00	\$65.00
10 Visit Senior	\$21.00	\$21.00	\$35.00
10 Visit Couple	\$70.00	\$70.00	\$80.00
10 Visit Family	\$80.00	N/A	N/A
24 Week Adult	\$185.00	\$185.00	\$205.00
24 Week Senior	\$80.00	\$80.00	\$105.00
24 Week Couple	\$205.00	\$205.00	\$230.00
24 Week Family	\$230.00	N/A	N/A
48 Week Adult	\$235.00	\$235.00	\$280.00
48 Week Senior	\$105.00	\$105.00	\$125.00
48 Week Couple	\$330.00	\$330.00	\$380.00
48 Week Family	\$405.00	N/A	N/A

Registration Information

Register Online

- Visit:
www.cambridgema.gov/DHSP/WarMemorial
- Click "Register for War Memorial Programs"
- If you have never participated in an activity with us, click the "Need an Account" link and fill out the form completely.
- If you have taken an activity with us but never enrolled online, we will email you a temporary username and password. Once logged in, the system will prompt you to change it.
- If you have forgotten your password, click the "Forgotten your Information" link and follow the security prompts.
- If you have problems with online registration please call 617-349-6279 during the following hours:
Monday – Friday: 5:15 – 8:45 p.m.
Saturday: 8:30 a.m. – 4:30 p.m.
Sunday: 11:45 a.m. – 4:30 p.m.

Register by Mail

See registration form on page 18.

A postmark is required (no hand delivery please).
Please mail registrations to:

Vladimir Pierre
Summer 2024 Registration
51 Inman Street
Cambridge, MA 02139

Mailing in your registration does not guarantee a spot on our enrollment.



Registration Form

Please fill using CAPITAL letters.

Head of Household

Last Name _____ First Name _____

Address _____

City/Town _____ Zip Code _____

Home Phone _____ Cell Phone _____ Work Phone _____

Email address for notification purposes _____

Cambridge Resident Non-resident Change of Address

Emergency Contact

Name _____ Phone _____

Child Participant

Child's Name _____

Age _____ Date of Birth _____

Class Code _____ Title _____

Day _____ Time _____ Fee _____

Class Code _____ Title _____

Day _____ Time _____ Fee _____

Adult Participant

Name _____ Date of Birth _____

Class Code _____ Title _____

Day _____ Time _____ Fee _____

Class Code _____ Title _____

Day _____ Time _____ Fee _____

Second Choice if Class is Full

Class Code _____ Title _____

Day _____ Time _____ Fee _____

Media Release

I do I do not give permission to the City of Cambridge and War Memorial Recreation Center to use photographic and video reproductions for publicity purposes.

Participant Signature (parent/guardian signature if participant is under 18 years of age)

_____ Date _____

Scholarship Request Form

City of Cambridge Department of Human Service Programs Recreation Department Scholarship Request Form

Mail to: Vladimir Pierre • Summer 2024 Registration
51 Inman St, Cambridge, MA 02139

Program Name _____

Child's Name _____ Child's Name _____

Address of Child/Children _____

Family Information

1. Parent/Guardian Name _____ Social Security Number _____

Address _____ Home Phone _____

Place of Employment _____ Work Phone _____

2. Parent/Guardian Name _____ Social Security Number _____

Address _____ Home Phone _____

Place of Employment _____ Work Phone _____

Income Information

Proof of residency and documentation of income must accompany this application. Please report the income of ALL adults in the household. Failure to do so, withholding information, under-reporting income, or submitting false information will result in disqualification of your scholarship request.

Total Number in Family _____ Number of Adults _____ Number of Children _____

Are all adults working? Yes No

Wage Earner #1 Gross Weekly Income \$ _____

Wage Earner #2 Gross Weekly Income \$ _____

Other Family Income (Monthly) \$ _____

WIC Welfare Child Support Rents Alimony Unemployment Other

Total Monthly Income \$ _____

All of the above information for each adult in the household must be documented in writing.

Have you been awarded a DHSP scholarship in the past? Yes No

If yes, when? Year _____ Amount \$ _____ Program _____

I state UNDER THE PENALTIES OF PERJURY that the above information is true and accurate to the best of my knowledge.

Parent/Guardian Signature _____ Date _____

Partial scholarships are available. Two children per family per semester may receive scholarship assistance. Children 3–12 years old are eligible for scholarship assistance. No more than two scholarships per child will be granted between July 1, 2023, and June 30, 2024. Mail in your completed registration form, scholarship request form, and a copy of your 2023 tax return. Please do not send a check at this time. If you receive a scholarship, you will be requested to pay when your confirmation is received and at that time you will be required to send a check to the War Memorial (made payable to the City of Cambridge)

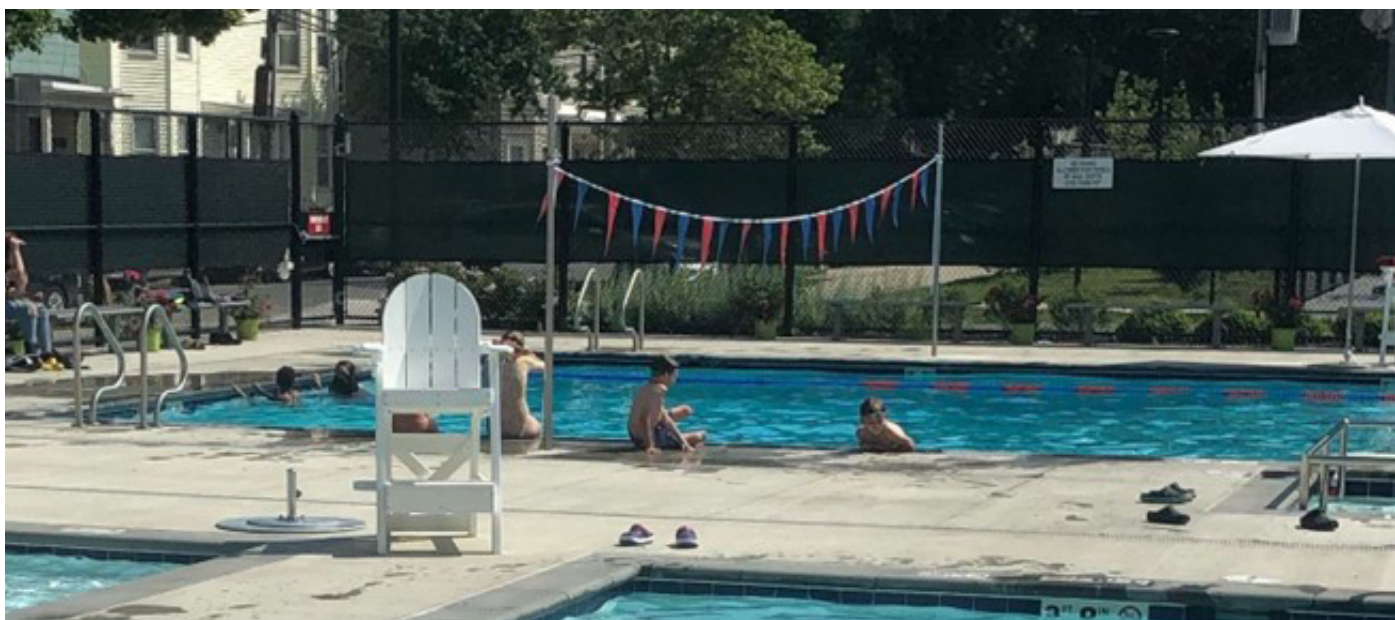
Gold Star Pool

Opens June 24, 2024

Monday – Friday: 2 – 7 p.m. (July 4 schedule is 11 a.m. – 7 p.m.)

Saturday – Sunday: 11 a.m. – 7 p.m.

- The Gold Star Pool is open to residents of Cambridge with proof of residency.
 - Residents can swim at the pool on a first-come, first-served basis. You do not need to pre-register to swim at the pool.
 - Capacity is limited at the pool. If the pool reaches maximum capacity we reserve the right to stop allowing additional patrons into the pool. State law dictates our capacity.
 - Swimmies, tubes, and other flotation devices are not allowed in the pool at any time.
 - Children who are not toilet trained must wear a swim diaper.
 - Children 12 and under must be accompanied by an adult 18 or older to the pool and in the water.
 - Food, glass bottles, gum chewing, alcohol, vaping or smoking are not allowed inside the pool area for the health and safety of the patrons.
 - Pool checks will be at the discretion of the management staff.
 - No running, pushing, ducking, ball playing, or other inappropriate behavior is allowed.
 - No diving into the shallow end or from the corners of the pool.
 - No spitting on the deck or in the pool.
 - Patrons are not allowed in the lifeguard chairs or to jump from them.
 - Patrons with eye or other obvious infections, open wounds, impetigo, ring worm, or other communicable diseases will not be allowed into the facility.
 - Band-Aids can not be worn in the pool.
 - Patrons are not allowed in the office or first aid area unless receiving treatment.
- Thank you for your cooperation in making your visit healthy and safe. We hope to see you this Summer!**



ACE Summer Tennis and Writing Program



ACE Summer Tennis and Writing Program
Cambridge Community Tennis Courts - Ellery St. next to library

July 22-26 and July 29-August 2

Ages: 7-14 years old; M-F 9:30am-12:30pm

Join us for whichever week(s) work for you!

Plenty of scholarships!



Scan here to visit our registration page:



Email drewhendrickson@allcourtenrichment.org with any questions



Cambridge Recreation SUMMER BASKETBALL LEAGUES

Payment Rec'd	
<input type="checkbox"/>	cash
<input type="checkbox"/>	check # _____

Youth Information

_____	_____	_____	_____
Last Name	First Name	Date of Birth	Age
_____		_____	_____
Home Address		City, State, Zip Code	Home Telephone Number

Please Check Desired League

___ "Medina Dixon Instructional Basketball" **Girls ages 8-11**

___ "Level Up Basketball League" **Girls ages 12-14**

___ "Davonte Neal Instructional League" **Co-ed ages 8-11**

___ "Sharif Moustafa Instructional League" **Co-ed ages 9-13**

___ "Kito Jackson League" **Boys ages 12-14 (grades 6-8)**

___ "Eurie Stamps Sr League" **Boys ages 15-19 (grades 9-12+)**

The registration fee for each player is \$10.

Please make the check or money order payable to "City of Cambridge"

Parent/Guardian Information

_____	_____
Mother/Guardian Name	Father/Guardian Name
_____	_____
Home Address	Home Address
_____	_____
Home Telephone Number	Home Telephone Number
_____	_____
Cell Phone Number	Cell Phone Number
_____	_____
E-Mail Address	E-Mail Address

First Aid and Emergency Medical Care Consent

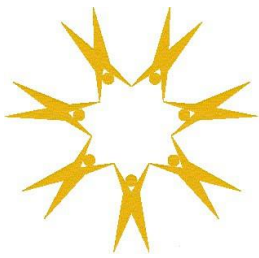
Health Insurance Company: _____ Policy #: _____

I authorize Cambridge Recreation staff who are trained in the basics of First Aid and/or CPR to give my child First Aid/CPR when appropriate.

I understand that every effort will be made to contact me in the event of an emergency requiring medical attention for my child. However, if I cannot be reached, I hereby authorize the program to transport my child to the nearest medical care facility and/or to _____, and to secure necessary medical treatment for my child.

Does your child have any medical conditions the staff should be aware of? **YES/NO If YES, please describe.** _____

_____	_____	Over
Parent/Guardian Signature	Date	



Cambridge Recreation SUMMER BASKETBALL LEAGUES

"Medina Dixon Instructional Basketball Girls League" Ages 8-11

Tuesday & Thursday 5:30pm Skills 6:00-8:00
Games at **Ahern Field** (Charles St)
Registration & Scrimmages June 25th & 27th
Games Begin July 2nd, 2024.

"Level Up Girls Basketball League" Ages 12-14

Tuesday & Thursday 5:30pm Skills 6:00-8:00
Games at **Ahern Field** (Charles St)
Registration & Scrimmages June 25th & 27th
Games Begin July 2nd, 2024.

"Davonte Neal Instructional League" Co-ed ages 8-11

Mondays and Wednesday 5:30pm Skills, 6:00pm-8:00pm
Games at **Sennott Park** (behind 243 Harvard Street)
Registration & Scrimmages June 26th & July 1st
Games Begin July 3rd, 2024.

"Sharif Moustafa Instructional League" Co-ed ages 9-13

Tuesdays and Thursdays 5:30pm Skills, 6:00pm-8:00pm
Games at **Glacken** (next to Fresh Pond Golf Course)
Registration & Scrimmages June 25th & 27th
Games Begin July 2nd, 2024.

"Kito Jackson League" Boys 12-14 (grades 6-8)

Tuesdays and Thursdays 6:00pm – 8:15pm
Games at **Hoyt Field** (off Western Ave)
Games Begin July 9th, 2024.

"Eurie Stamps Sr. League" Boys 15 – 19 (grades 9-12+)

Wednesdays and Fridays 6:00pm – 8:15pm
Games at **Hoyt Field** (off Western Ave)
Games Begin July 10th, 2024.

No games on July 4th & 5th
Championship Week: 8/12 – 8/16

Applications can be returned to:
War Memorial Recreation Center at 1640 Cambridge St (front desk)
Recreation Dept at 51 Inman St, 3rd floor (front desk)
For more information contact Geo Rodriguez at (857) 270-4383 or
gerodriguez@cambridgema.gov

Join the new Cambridge Youth Street Hockey League (SHL) this summer!

The Cambridge Street Hockey League offers young players a chance to sharpen their skills and have fun this off-season. This outdoor, co-ed league will focus on skills, drills, and game competitions among friends.

- Co-ed leagues open to 8 – 9 year olds and 10 – 12 year olds of all gender identities
- New and experienced players welcome
- Sneakers, sticks, mouth pieces, and water bottles required



League Schedule

Tuesday and Thursday evenings
July 2 – August 8, 2024 (no league on July 4)

Skills and Drills: 5:30 – 6 p.m.

Games: 6 – 8 p.m.

Cost

\$10 per player

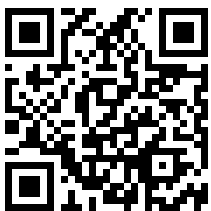
Location

John A. Ahern Field
259 Charles Street, Cambridge, MA 02141

Register through July 2, 2024!

Return registration form
(see back) and \$10 fee to:

- DHSP, 51 Inman St., 3rd Fl.
or
- War Memorial Recreation
Center Front Desk,
1640 Cambridge St., Door 15



More information:

www.cambridgema.gov/Leagues

Questions? Contact Vladimir Pierre, vpierre@cambridgema.gov or
Drew Motta, president@cambridgeyouthhockey.org



Offered by the City of Cambridge Department of Human Service Programs (DHSP) Recreation Division in collaboration with Cambridge Youth Hockey.



Cambridge Recreation STREET HOCKEY LEAGUE

Payment Rec'd	
<input type="checkbox"/>	cash
<input type="checkbox"/>	check # _____

Youth Information

_____	_____	_____	_____
Last Name	First Name	Date of Birth	Age
_____		_____	_____
Home Address		City, State, Zip Code	Home Telephone Number

Please Check Desired Division
Ages 8 & 9
Ages 10-12
The registration fee for each player is \$10
Please make the check or money order payable to "City of Cambridge"

Please send registration and payment to 51 Inman St Cambridge, MA 02139. Forms can also be dropped off at 51 Inman St (3rd Floor/Front Desk) or The War Memorial front desk, located at 1640 Cambridge St (Door 15)

Parent/Guardian Information

_____	_____
Mother/Guardian Name	Father/Guardian Name
_____	_____
Home Address	Home Address
_____	_____
Home Telephone Number	Home Telephone Number
_____	_____
Cell Phone Number	Cell Phone Number
_____	_____
E-Mail Address	E-Mail Address

First Aid and Emergency Medical Care Consent

Health Insurance Company: _____ Policy #: _____

I authorize Cambridge Recreation staff who are trained in the basics of First Aid and/or CPR to give my child First Aid/CPR when appropriate.

I understand that every effort will be made to contact me in the event of an emergency requiring medical attention for my child. However, if I cannot be reached, I hereby authorize the program to transport my child to the nearest medical care facility and/or to _____, and to secure necessary medical treatment for my child.

Does your child have any medical conditions the staff should be aware of? **YES/NO** If **YES**, please describe _____

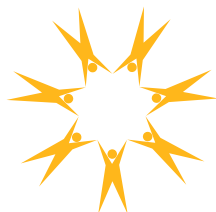
_____	_____	Over
Parent/Guardian Signature	Date	

War Memorial Recreation Center

1640 Cambridge Street (Door 15), Cambridge, MA

617-349-6279 • askdhsp@cambridgema.gov

www.cambridgema.gov/DHSP/WarMemorial



Department of
Human Service Programs

