

YOUR GUIDE TO
**CAMBRIDGE
COMPOSTING**



Let's keep food scraps
out of the landfill.

It's easy. It's free!



Why compost?

Did you know that food scraps make up 1/3 of household trash? The City's compost program helps:



Keep food scraps out of landfills.



Protect the climate by converting food scraps into clean energy.



Keep rodents out of trash with heavy-duty, locking curbside carts.

It's easy!

FILL IT UP.

Line your kitchen bin with a compostable bag. Drop food scraps in as you prepare meals or clean up.



DROP IT IN, LOCK IT AND SET IT OUT.

Tie the bag and drop it in your curbside cart (and lock it) for weekly pickup.



NO COMPOST PICKUP IN YOUR BUILDING?

Visit [CambridgeMA.Gov/Compost](https://www.cambridgema.gov/compost)
for drop-off locations.

What can yo

FRUITS & VEGETABLES



MEAT, BONES & SHELLS



TEA BAGS, COFFEE GROUNDS & FILTERS



What can **NOT** be composted?

u compost?

DAIRY



CUT FLOWERS



BREADS & GRAINS




NAPKINS & PAPER TOWELS



 Pet Waste or Diapers

 Yard Waste

 Liquids

 Plastic Bags

FAQs (FREQUENTLY ASKED QUESTIONS)

1 WON'T COMPOSTING ATTRACT RODENTS?

Curbside carts are made of heavy-duty plastic with locking lids. Harder for rodents to get into than your trash barrel.

2 WON'T IT SMELL?

The kitchen bin is designed to allow moisture and heat to escape—minimizing odors. We recommend changing the bag every 3–4 days.

3 WHERE CAN I BUY MORE COMPOSTABLE BAGS?

For a list of local and online vendors, visit: **CambridgeMA.Gov/Compost**

You may also use paper bags or compostable produce bags.

4 I USE A GARBAGE DISPOSAL. SHOULD I COMPOST INSTEAD?

We recommend residents compost instead of using garbage disposals to reduce risk of costly sewer backups.

5 WHAT IF THE COMPOST SERVICE IS NOT CURRENTLY OFFERED AT MY BUILDING?

You can bring your scraps to a local drop-off location. For a list of places, visit: **[CambridgeMA.Gov/Compost](https://www.cambridgema.gov/compost)**

FOR MORE TIPS:
[CambridgeMA.Gov/Compost](https://www.cambridgema.gov/compost)



Composting Tips



KEEP IT HANDY.

Store your bin on top of your counter, or under your kitchen sink.



KEEP IT CLEAN.

Bring food scraps out to your curbside cart every few days to minimize odors. Rinse and dry bin and cart as needed.



KEEP IT LOCKED.

Lock your curbside cart to keep rodents out.

FOR MORE TIPS: CambridgeMA.Gov/Compost

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**THE
WORKS**

