



# KHAYRAADKA DEGANAYAASHA CUSUB

Miyaad ku cusub tahay Cambridge? Liiskan waxaa ku jira khayraad ay sida caadiga ah u baahan yihiin daganayaasha cusub ee soogalootiga ah. Haddii aad qabto su'aalo ama aad u baahan tahay macluumaad dheeraad ah, fadlan kala xiriiir Guddiga Xuquuqda Soogalootiga & Jinsiyadaha lambarka 617-349-4396.



CITY OF  
CAMBRIDGE



# Dugsiyada & Waxbarashada

## Mashruuca Akhriska iyo Qoraalka ee Cambridge Public Library (Maktabadda Dadweynaha Cambridge)



617-349-4013



[www.cambridgema.gov/cpl/services/theliteracyproject](http://www.cambridgema.gov/cpl/services/theliteracyproject)

Waxay bixisaa fasalo bilaasha ee kuwada sheekaysiga luuqada Ingiriisiga, shaqo raadinta iyo qoritaanka arjiyada shaqada, iyo aqoonta aasaasiga ah ee kumbuyuutarka.

## Xarunta Diiwaangelinta Ardeyda ee Cambridge Public Schools



617-349-6551



[www.cpsd.us/departments/src](http://www.cpsd.us/departments/src)

Waxaad ka helayso agabka iyo macluumaadka diiwangelinta ee caruurta da'da Fasalka Xanaanada kahor ilaa da'da dugisga sare. Waxaa wanaagsan inaad ballan ka qabsato shaqaalaha SRC.

xiriirada dugsiyo badan ayaa leh awood luqadeed. Shaqaaluhu waxa kale oo ay isticmaali karaan khadka taleefanka si loogu tarjumo.

## Macluumaadka Daryeelka Carruurta



617-349-6466



[earlychildhood@cpsd.us](mailto:earlychildhood@cpsd.us)

La xiriir Xafiiska DHSP ee caruurnimada hore si aad u hesho liiska cusub ee dhammaan xarumaha daryeelka ilmaha ee shatiga leh, bixiyayaasha daryeelka caruurta ee qoyska iyo bixiyayaasha dugsiya barbaarinta ee Cambridge.

## Xarunta Waxbarashada Bulshada (CLC)



617-349-6363




[www.tinyurl.com/CLCcambridge](http://www.tinyurl.com/CLCcambridge)

Waxay leedahay barnaamijyo badan oo wax barashada dadka waaweyn ah, oo ay

ku jiraan fasalada Ingiriisiga iyo adeegyada shaqada.

# Adeegyada Daryeelka

## Guddiga Fursadaha Dhaqaalaha ee Cambridge (Cambridge Economic Opportunity Committee (CEOC))


 617-868-2900

 [ceoccambridge.org](http://ceoccambridge.org)

CEOC waa urur aan faa'iido doon ahayn oo si dhow ula shaqeeya Magaalada oo bixiya adeeyo badan.

Caawimada codsiyada MassHealth, oo ay ku jiraan doorashada qorshe, doorashada bixiyeyaasha caafimaadka, iyo agabyada la xiriira. Sidoo kale caawimaada codsiyada ee dheefaha dadwaynaha.

## Bixiyeyaasha Isbahaysiga Caafimaadka Cambridge (CHA).

 617-665-1000


 [www.challiance.org](http://www.challiance.org)


Waxay bixisaa daryeelka aasaasiga ah, caafimaadka hab-dhaqanka/maskaxda iyo adeegyada dhimirka, iyo takhasusyada qaarkood. Wac lambarka kore si aad u samayso balan bukaan oo cusub.

Booqo [www.challiance.org/services-programs/mental-health-and-substance-use/trauma-services](http://www.challiance.org/services-programs/mental-health-and-substance-use/trauma-services) si aad wax uga ogaato adeegyada kuwa la soo kulmay dhibaatooyin ama rabshado.

CHA waxa kale oo ay leedahay Barnaamijka Magangalyada, kaas oo u qabta qiimayn caafimaad oo bilaash ah oo loogu talagalay magangalyo-doona/qaxootiga.

## Daryeelka Degdegga ah ee Caafimaadka Hab- dhaqanka (CHA)

 833-222-2030

 [www.challiance.org/services-programs/mental-health-and-substance-use/psychiatry-crisis-services](http://www.challiance.org/services-programs/mental-health-and-substance-use/psychiatry-crisis-services)

Adeegga socodka ee dadka da' kasta leh. Waxay bixin doontaa qiimayn lagu ogaanayo arrimaha caafimaadka habdhaqanka iyo baahiyaha daawaynta. Waxay bixin kartaa u-gudbinta daaweeyayaasha, kooxaha taageerada, la-talinta ku saabsan daawada, iyo daawaynta cisbitaalka.

## Boston Medical Center (Xarunta Caafimaadka Boston) (Bixiyeyaasha & Adeegyada Taageerada)



617-414-1994



[www.bmc.org/immigrant-refugee-health-center](http://www.bmc.org/immigrant-refugee-health-center)

Waxay leedahay Xarunta Caafimaadka Qaxoontiga iyo Soo-galootiga BMC waxay bixisaa isku xirka adeegyada bulshada oo lagu daray daryeelka caafimaadka aasaasiga ah. Waxay awood u leeyihiin maareynta kiisaska shakhsi ahaaneed.

## Khadka Caawinta Caafimaadka Hab-dhaqanka ee Massachusetts



833-773-2445




<https://www.masshelpline.com>

khadka caawinta qarsoodiga oo bilaash, si uu si toosa kuugu xidhiidhiyo caawimaada kiliiniga. Looma baahna caymis caafimaad. Wac ama qoraal u dir lambarka kore, ama isticmaal qaybta kuwada sheekaysiga qoraalka ee websaydka. Waxaa la heli karaa 24 saac maalintii, 365 maalmood sanadkii.

# Macluumaadka shaqada


## Barnaamijka Shaqada ee Cambridge (CEP)

 617-349-6166

 [cambridgema.gov/Services/cambridgeemploymentprogram](https://cambridgema.gov/Services/cambridgeemploymentprogram)

Caawimada arjiyada shaqada, warqadaha codsiyada shaqada, xirfadaha waraysiga, iyo agabka shaqo raadinta ee onlaynka ah. Waxay bixisaa gudbino ee barnaamijyada xirfadaha-tababarka.


## Barnaamijka Shaqada Cambridge (Dadka waaweyn)

 617-349-6234

 [cambridgema.gov/dhsp/programsforadults/cambridgeworks](https://cambridgema.gov/dhsp/programsforadults/cambridgeworks)

Barnaamijka shaqooyinka ku meel gaadhka ah oo loogu talagalay in loogu adeego deganayaasha da'doodu tahay 18-35 ee u baahan in laga caawiyo sidii ay shaqo u heli lahaayeen.


## Barnaamijka Shaqaalaysiinta Dhalinyarada Xilliga Xagaaga ee Duqa Magaalada

 617-349-6200

 [tinyurl.com/youthemploymentcambridge](https://tinyurl.com/youthemploymentcambridge)

Barnaamijka xagaaga ee sanadlaha ah ee dhalinyarada. Waxay siisaa khibrad shaqo iyo dhisitaanka bulshada dhalinyarada da'doodu tahay 14 inta lagu jiro xilliga xagaaga oo dhan ee dugsiga sare ka dib.


## Just-A-Start

 617-918-7520

 <https://justastart.org/>

Urur bixinaya tababar shaqo, waxbarasho, u- tababarida dhaqaalaha ee dhalinyarada iyo dadka waaweyn.


## Adeegyada Xirfadaha Yuhuudda (JVS)

 617-399-3131


 [www.jvs-boston.org](http://www.jvs-boston.org)

Adeeg bixiye leh barnaamijyo waxbarasho, tababar xirfadeed, tababar shaqo, adeegyada dhaqaalaha, adeegyada qaxoontiga iyo soo-galootiga, iyo adeegyada dadka naafada ah/laxaadkoodu dhamayn.

## MassHire Metro North Career Center


 617-661-7867

 <https://masshiremncareers.com/>

 186 Alewife Brook Parkway, Ste. 310, Cambridge, MA 02138

Xarunta horumarinta xirfadaha shaqada oo leh la tashi shakhsiyeed ee codsiyada shaqada iyo qoritaanka waraaqaha shaqada, tababarida horumarinta xirfada shaqada iyo aqoon-iswaydaarsiyada shaqo raadinta.


## African Bridge Network (ABN)

 617-600-8132

 <https://africanbn.org/>

Waxay bixisaa aqoon-is-waydaarsiyo hanuunin hordhac ah, hagid, fursadaha isku xidhitaanka, la talinta shaqada, iyo barnaamijyada fellowship ee loogu talagalay soo-galootiga haysta waxbarasho dibadeed iyo shahaadooyin.

## Xidhiidhiyaha Shaqada MIT

 617-253-7854

 <https://jobconnector.mit.edu>


 jobconnector@mit.edu

Barnaamij bilaash ah oo loogu talagalay dadka deggan Cambridge oo leh la-tashi qof-ka-qof ah ee u diyaargarawga waraysiga, raadinta shaqo, codsiyada iyo qoritaanka waraaqaha shaqada, iyo tababarka xirfada.

# Adeegyada Sharciga


Kuwani waa dhowr ka mida kuwa ugu muhiimsan ee bixiya adeegyada sharciga ee aagga ku yaala kuwaasoo bixiya matalaad bilaasha ama qiimahoodu jaban yahay. Macluumaad dheeraad ah ayaa laga heli karaa <https://tinyurl.com/CIRClegal>

## Rugta Baarista Sharciyeed ee Socdaalka ee Magaalada Cambridge

 617-405-5479

Rugta sharciga ah ee bilaashka ah ayaa la qabtaa arabacada sadexaad ee bil walba. Wac lambarka kore oo farriin ahaan u dhaaf magacaaga iyo lambarkaaga lagaala soo xiriirayo. Shaqaalaha ayaa dib kuu soo wici doono si ay kuugu xiriiriyaan qareen. Turjubaano ayaa la heli karaa.


## Unuga Socdaalka GBLs

 617-603-1808

 <https://www.gbls.org/what-we-do/immigration>

Matalaad guud oo sharci iyo u-doodid iyagoo ku hadlaya magaca soo-galootiga dakhligooda yar yahay.


## De Novo Center for Justice and Healing

 617-661-1010

 <https://www.denovo.org/immigration>

Wuxuu qabtaa kiisaska magangalyada, wuxuu caawiyaa dadka soogalootiga ah ee ka badbaaday rabshadaha qoyska, caawinta T-Visa iyo U-visa, waxay caawisaa dhalinyarada soogalootiga khaaska ah, waxayna qabataa qiimaynta caafimaadka maskaxda ee magangaliyo-doonka.

## PAIR Project


 617-742-9296

 <https://www.pairproject.org/>

Wuxuu caawiyaa magangalyo-doonka iyo soo-galootiga la xiray.




## Xafiiska Duqa Magaalada ee Horumarinta Soogalootiga

 617-635-2980

 [www.boston.gov/departments/immigrant-advancement](http://www.boston.gov/departments/immigrant-advancement)

Wuxuu bixiyaa la-talinta socdaalka soo-galootiga oo hal mar ah oo bilaash ah Arbacada koowaad iyo saddexaad ee bil kasta laga bilaabo 12:00 - 3:00 galabnimo Horey u wac lambarka kore si aad ballan u qabsato.


## Xarunta Socdaalka ee Rian

 617-542-7654

 [www.riancenter.org](http://www.riancenter.org)

Waxay bixisaa la-talin sharci oo bilaash ah, matalaad dhanka sharciga ah oo bilaasha oo qiimaheedu jaban yahay, iyo adeegyada kale ee taageerida soogalootiga.


## Mashruuca Dhalashada/Jinsiyada

 617-694-5949

 [projectcitizenship.org](http://projectcitizenship.org)

Waxay bixisaa caawimo sharci oo bilaash ah si aad u codsato dhalashada Maraykanka.

## Hay'ada Samafalka Qaxoontiga Kaatooliga iyo Xarunta Soogalootiga

 617-464-8100

 <http://www.ccab.org/refugee-immigrant-services/>

Waxay aqbashaa soo-gudbinada dakhligoodu-hooseeyo ee ka yimaada aagga Greater Boston. Waxay qabataa codsiyada soo-galootiga waxayna ku matashaa macaamiishaa codsashada Dhalashada Maraykanka iyo Adeegayada Socdaalka iyo Maxkamada Soogalootiga.

## Guddiga Xuquuqda Aadanaha ee Cambridge


 617-349-4396

 [www.cambridgema.gov/hrc](http://www.cambridgema.gov/hrc)

Waxay baartaa cabashooyinka la xiriira takoorka ee la xiriira guriyeynta, shaqaalaysiinta, waxbarashada, iyo hoyga dadwaynaha ee Cambridge. Wac ama booqo shabakada si aad cabasho u gudbiso.

# Guryaha & Dheefaha


## Qaybta Waaxda Guryaha Horumarinta Bulshada

 617-349-4622

 <https://www.cambridgema.gov/CDD/housing.aspx>

Waxay kormeeraan barnaamijyo badan oo guryaha la awoodi karo ah ee deganayaasha dakhligoodu hooseeyo iyo kuwa dhex-dhexaadka ah.


## Barnaamijka Kaalmada Shidaalka (Fuel Assistance)

 617-655-6234

 [www.cambridgema.gov/iwantto/applyforfuelassistance](http://www.cambridgema.gov/iwantto/applyforfuelassistance)

Waxay ka caawiyaan qoysaska dakhligoodu yar yahay kharashyada kulaylka ee jiilaalka inta u dhaxaysa Noofembar 1 iyo Abriil 30. Kiraystayaasha iyo mulkiilayaasha guryaha ayaa u qalma.


## Multi-Service Center (Xarunta Adeegyada Badan)

 617-349-6340

 <https://tinyurl.com/multiservicecenter>

Wuxuu ka caawiyaa raadinta guriyeynta waxaanu bixin karaa maamulaha kiiska guriyeynta.


## Xafiiska Housing Liaison (Xiriiriyaha Guriyeynta)

 617-349-6337

 <https://tinyurl.com/housingliaison>

Diirada saaraa arrimaha guryaha la awoodi karo iyo kiisaska adag.

## Barnaamijka Cunnada xagaaga


 617-349-6247

 [www.cambridgema.gov/services/summerfoodprogram](http://www.cambridgema.gov/services/summerfoodprogram)

Waxay siisaa/bixisaa cunto bilaash ah ee da'da 18 iyo ka yar. Kaadh Aqoonsi looma baahna. Dookhyada Khudrada. Juun-Agoosto.

# Isku xirka Bulshada

## Isbahaysiga Haweenka Itoobiya ee Adbar


 (339) 203- 6691

 [ethiopianwomen.org](http://ethiopianwomen.org)


 1151 Massachusetts Avenue, Cambridge, MA 02138

Wuxuu bixiyaa aqoon-is-weydaarsiyo, adeegyo bulsho, iskaashatooyin ganacsi, rugaha kombuyuutarka, u doodista bulshada, adeegyada tarjumaada, iyo isku xirka bulshada.

## Xarunta Haweenka ee Cambridge


 617-354-6394

 <https://www.cambridgewomenscenter.org/>


 46 Pleasant Street, Cambridge, MA 02139

Goob leh aqoon-is-waydaarsiyo bilaasha iyo goobo kooxeed loogu talagalay cunto karinta, akhriska, iyo farsamada farshaxanka. Helitaanka kumbuyuutarka iyo daabacaadda, taleefanka, iyo fakiska; cunto & sahay, taageero niyadeed iyo qaar kaloo badan.

## Enroot


 617-876-5214

 <https://www.enrooteducation.org>


 99 Bishop Allen Drive, Cambridge, MA 02139

Barnaamij loogu talagalay dhalinyarada cusub ee soo-galootiga ah. Waxaa ku jira seminaaro hoggaamineed oo toddobaadle ah, umeerin tacliimeed, hagitaan qof-ka-qof ah, tababarka u diyaargarawga shaqada, shaqada tababartayaasha aan khirbada lahayn oo lacag la siinayo, iyo adeega bulshada.

## Xarunta Dhaqanka Bulshada Islaamka ah ee Boston (ISBCC)


 617-858-6114

 <https://isbcc.org/>

 204 Prospect Street, Cambridge, MA 02139

Masjidka iyo xarunta bulshada oo leh goobo lagu tukado, adeegyada bulshada, qaybinta cuntada, taageerada guriyeynta, iyo taageerada dhaqaalaha.

## Is-bahaysiga Massachusetts ee Dadka Ku hadla Afka Burtaqiiska (MAPS)

 617-864-7600

 <https://maps-inc.org/>

 1046 Cambridge Street, Cambridge, MA 02139

Waxay la shaqaysaa bulshooyinka ku hadla Burtaqiiska si ay u kordhiyaan galaangalka ugana saaraan caqabadaha la xiriira caafimaadka, waxbarashada iyo adeegyada bulshada iyada oo loo marayo adeegyo toos ah, u doodid, hogaamin, iyo horumarinta bulshada.


## Xarunta Waxbarashada ee Ukrainian American

 <http://www.ukrainiancenter.org/UCC/homepageList.php>

 <https://www.facebook.com/UkrainianBoston/about>

Kooxda bulshada ee leh dhacdooyin la xiriira taariikhda Ukraine, dhaqanka, luuqada, iyo hidaha.

## Guddiga LGBTQ+ ee Cambridge

 617-349-3355

 [www.cambridgema.gov/lgbtqplus](http://www.cambridgema.gov/lgbtqplus)

 51 Inman St. 2nd Floor, Cambridge, MA 02139

Guddiga LGBTQ+ ee Cambridge wuxuu leeyahay dhacdooyin iyo ilo LGBTQ+ dadka ku nool oo ka shaqeeya Cambridge. Booqo [tinyurl.com/camblgbtqresource](http://tinyurl.com/camblgbtqresource) ama wac lambarka kore si aad u hesho liistada ilaha/agabka deegaanka. Turjubaano ayaa la heli karaa.

# Agabyada Dheeraadka

## Xarunta Qoysaska



617-349-6385



<https://tinyurl.com/DHSPcenterforfamilies>

Xarunta Qoysasku waxay leedahay barnaamijyo iyo xaflado balaadhan oo loogu talagalay qoysaska. Booqo websaydka wixii macluumaad dheeraad ah

## Kooxda Ka-qaybgalka Bulshada



617-349-6278



<https://tinyurl.com/CEEToutreach>

Waaxda Barnaamijyada Adeegga Aadanaha waxay leedahay koox ah shaqaalaha wacyigelinta - Kooxda Ka-qaybgalinta Bulshada, - kuwaasoo ku hadla luuqado kala duwan oo ka caawinaya inay ku xiriiriyaan shakhsiyaadka agabyo/ilo kala duwan iyo barnaamijyo.

## Find It Cambridge



617-686-2998



<https://www.finditcambridge.org>

Find It Cambridge waa agab online ah oo kaa caawinaya inaad hesho hawlaha, adeegyada, iyo agabka aad uga baahan tahay Cambridge.



Si aad u aragto hagaha agabkan oo ku qoran luuqado dheeraad ah, iskaangaree QR Koodhka ama gal websaydkeena si aad u aragto Hagaha Deganayaasha Cusub (New Resident Guide).

[www.cambridgema.gov/circ](http://www.cambridgema.gov/circ)