Health Care FSA Eligible Expenses

BABY/CHILD TO AGE 13

Lactation Consultant*

Lead-Based Paint Removal

Special Formula*

Tuition: Special School/Teacher for Disability or

Learning Disability*

Well Baby / Well Child Care

DENTAL

Dental X-Rays

Dentures and Bridges

Exams and Teeth Cleaning

Extractions and Fillings

Oral Surgery

Orthodontia (reimbursable after payment)

Periodontal Services

EYES

Eye Exams

Eyeglasses and Contact Lenses

Laser Eye Surgeries

Prescription Sunglasses

Radial Keratotomy

HEARING

Hearing Aids and Batteries

Hearing Exams

LAB EXAMS/TESTS

Blood Tests and Metabolism Tests

Body Scans

Cardiograms

Laboratory Fees

X-Rays

MEDICAL EQUIPMENT/SUPPLIES

Air Purification Equipment*

Arches and Orthotic Inserts

Contraceptive Devices

Crutches, Walkers, Wheel Chairs

Exercise Equipment*

Hospital Beds*

Mattresses*

Medic Alert Bracelet or Necklace

Nebulizers

Orthopedic Shoes*

Oxygen*

Post-Mastectomy Clothing

Prosthetics

Syringes

Wigs*

MEDICAL PROCEDURES/SERVICES

Acupuncture

Alcohol and Drug/Substance Abuse (inpatient treatment and outpatient care)

Ambulance

Fertility Enhancement and Treatment

Hair Loss Treatment*

Hospital Services

Immunization

In Vitro Fertilization

Physical Examination (not

employment-related)

Reconstructive Surgery (due to a

congenital defect, accident, or medical treatment)

Service Animals

Sterilization/Sterilization Reversal

Transplants (including organ donor)

Transportation to Medical Facility

MEDICATIONS/DRUGS

Insulin

Prescription Drugs

**Over the Counter Drugs/Medicines, such as Tylenol, Advil, NyQuil, etc.; <u>not</u> vitamins or supplements

OBSTETRICS

Doulas*

Lamaze Class

OB/GYN Exams

OB/GYN Prepaid Maternity Fees

(reimbursable after date of birth)

Pre- and Postnatal Treatments

PRACTITIONERS

Allergist

Chiropractor

Christian Science Practitioner

Dermatologist

Homeopath

Naturopath*

Optometrist

Osteopath

Physician

Psychiatrist or Psychologist

THFRAPY

Alcohol and Drug Addiction

Counseling (not marital or career)

Exercise Programs*

Hypnosis*

Massage*

Occupational

Physical

Smoking Cessation Programs*

Speech

Weight Loss Programs* (excluding food)

**Please Note: Effective 1/1/2020, the IRS now allows personal protective items to prevent the spread of COVID, such as: masks, hand sanitizer and disinfectant wipes; also allowed are Over the Counter (OTC) medicines/drugs, and feminine care products may now be purchased with Health Care FSA or certain HRA plans. Vitamins & supplements are not eligible.

The following is a high-level list of OTC items that are not medicine or drugs and are eligible for purchase with Health Care FSA Plans.

Denture Adhesives, Repair, and Cleansers

PoliGrip, Benzodent, Efferdent

Diabetes Testing and Aids

Insulin, insulin syringes, Ascencia, One Touch, Diabetic Tussin, glucose products

Diagnostic Products

Thermometers, blood pressure monitors, cholesterol testing

Elastics/Athletic Treatments

ACE, Futuro, elastic bandages, braces, hot/cold therapy, orthopedic supports, rib belts

Eye Care

Contact lens care
Reading Glasses and
Maintenance Accessories

Family Planning

Pregnancy and ovulation kits

First Aid Dressings and Supplies

Band Aid, 3M Nexcare, non-sport tapes *without antiobiotic strip

Incontinence Products

Attends, Depends, GoodNites for juvenile incontinence